

Beam Newsletter



**Celebrating Irene's Retirement. 23 years in Service is no joke!!!
Congratulations Irene!!!**



Social Club Outings



**Stephen and Niamh went to see Micheal English!
They also had a night away in Wexford!**



**Social Club enjoyed an evening of bowling!
SCORE!**



Conor and Stevie went on a night away and enjoyed some music while out!



Bingo Loco Incoming!! Our Social Club enjoyed an evening of good tunes and dancing





**Brandon, Ian, Ryan and Richard went to Salou for some sunshine ☀️
Plenty of fun, music and good vibes!**



**Social Club enjoyed an evening in Scalini in Kilkenny!
Ooooh La La Bellissimo!**

Beam's Collaboration projects with the local community

Beam's members took part in the collaboration projects with Creative Places Bagenalstown. Members did projects with artists from County Carlow:

Art Decals Projects with the artist Ciara Chapman



Beam windows were decorated with Art Decals designed by members and the artist Ciara Chapman. Visitors can see windows with Art Decals in programme areas: Chestnut Court, Turas, B@AT and Blue Pod.



Beam has printed cards with Art Decals. Own personalised cards are available in Beam.
The project was complete with partnership of Creative Places Bagenalstown.



Please let us know if you would like to buy cards designed by members.



Music Project with the Artist Mark Buckeridge. Members learnt about writing song skills and recorded a radio song for Muine Bheag Arts Festival.





Collaboration with Creative Places Bagenalstown

Show "Grace" in Carlow

Beam Representants went with artists and members of Creative Places Bagenalstown to the show "Grace" in Carlow Visual Centre



Visit To Red Rua Tallaght Art Centre.

Beam representants went to Tallaght Art Centre meet the artists from Rua Red and complete art workshops. It was a great fun day.



Members working on drawing skills in Red Rua



Beam Art Decals Exhibition in the garden. We all celebrated members achievements and hosted the artists and Creative Places Bagenalstown.



Beam visiting Community Garden Bagenalstown

Beam members and staff taking part in BBQ in the Community Garden Bagenalstown. We all had a good time and met local community.



Our meeting with the international artist

Beam Services invited a special visitor to Chestnut Court. Members met the American artist and designer Abraham Burickson from New York. Abraham took part in members music project and had a chat about members' favourite activities in Beam. A couple photos were taken too.



Creative Places Bagenalstown organised workshop with Abraham Burickson. Staff was invited to take part in the workshop.



Summer Classes in Bunclody

Music Workshops with the tutor Michael K.



Art Therapy with Ciara C.



wwetb

Bord Oideachais agus Oiliúna
Phort Láirge agus Loch Garman
Waterford and Wexford
Education and Training Board



Cooking and baking classes with the tutor Jonathan K.



Summer Workshops in Bagenalstown

Relaxation with Soud with Mairead.



kcetb

Bord Oideachais agus Oiliúna
Chill Chainnigh agus Cheatharlach
Kilkenny and Carlow
Education and Training Board

Sensory Art Therapy with Maria.



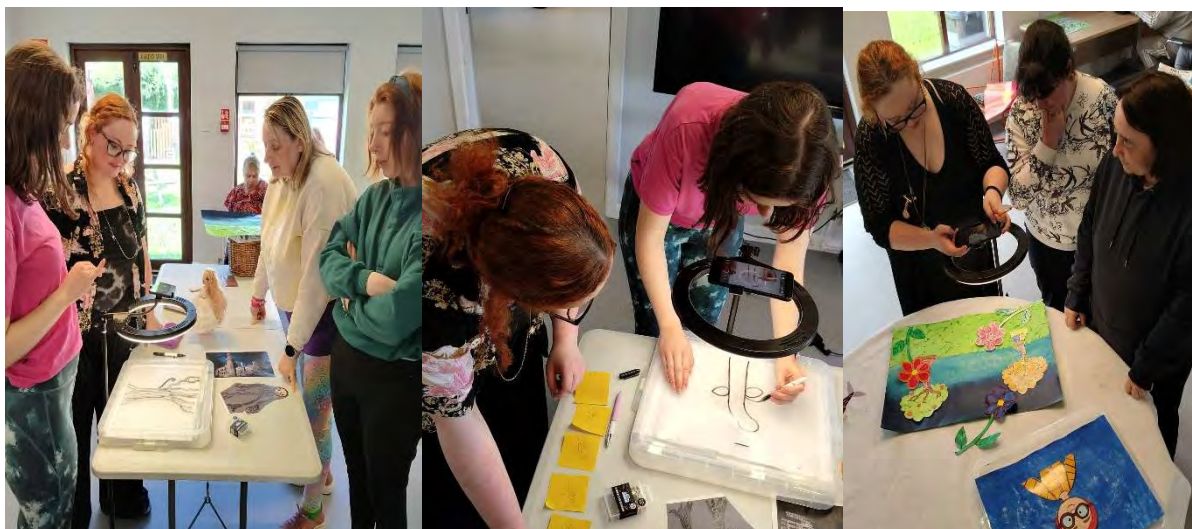
kcetb

Bord Oideachais agus Oiliúna
Chill Chainnigh agus Cheatharlach
Kilkenny and Carlow
Education and Training Board

Animation Movie Project in Beam

Members learnt to create animation movie with the artist Kate H. Members created characters, background and recorded short movies and worked with the Stop Motion Studio.





Positive Paths Blue Pod News

Birthdays in Blue Pod

On the 10th of February, Jamie celebrated her birthday!



On the 6th of March, Mairead celebrated her birthday in the Blue Pod!

Mairead headed to the Arboretum for her birthday.

On the 12th of March, Shauna turned 30! Shauna went to Kbowl and then to Eddie Rockets. Back to Beam for Cake!



Blue Pod Celebrated Karen Rae's Birthday on the 27th of March. Karen went to McDonalds and had cake afterwards!

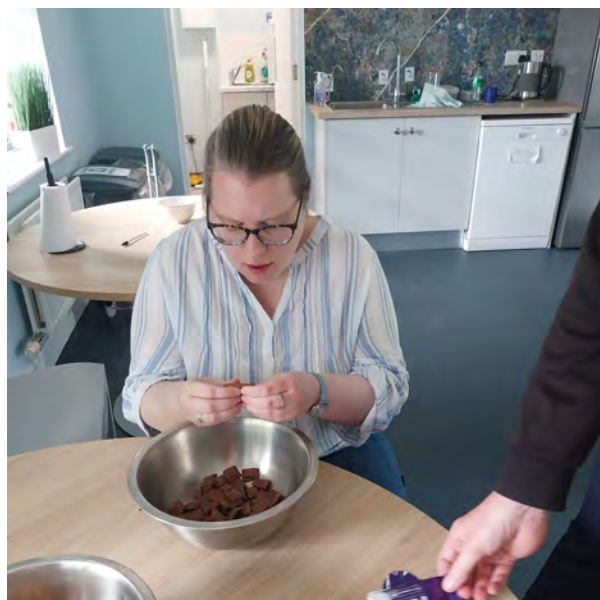


Important events/achievements in the programme

Sian and Shauna headed to Newpark Hotel for a relaxing night away in May.



**Jamie, Karen and Mairead have started a baking program on Mondays!
They have made sausage rolls, scones, rocky road and much more!**



Our members enjoyed a trip to Emerald Park in May!



Our members graduated from Speak Up Speak Out Advocacy!





Our members enjoyed a Beam Fundraiser in Hunters Rest in Fenagh.



Our members enjoyed a Active Sports Camp. They did Zumba and Volleyball!



Our members went to the Barge in Athy! Captain Tommy set us a sail!





Our members enjoyed a Beach Trip!





Our members enjoyed a day in Bunclody Fun Day!





B@TB News

Our Birthdays

Conor Hennessey celebrated his 30th Birthday and invited all staff and members to his house. Conors mother had got food and cake for all members and everyone enjoyed the celebrations.

Another big Birthday for one of our staff members Richinda who celebrated 50 great years. Richinda enjoyed a BBQ and celebrations in Ohana with all of her close staff and members!

Ciaran had his 22nd birthday celebrations with some cake and on the day all members went on a trip to Avondale.

Important events/achievements in the programme

Members from B@TB split up into 3 groups for July trips. The 1st one was to The Viking splash In Dublin. This involved a trip around Dublin with the bus/boat entering the water at the Docklands. Members said they enjoyed this trip and their favourite part was going in to the water.

Our 2nd trip was to Avondale. All members went together on this trip and thoroughly enjoyed it. Members walked through the forest and went up to the top of the tree top walk. Some of the members went down the slide and some decided to walk back down. A good day had by all!!

The 3rd trip was more local to Kilkenny. Members put their travel training into practice and used the train. Members spent the day in Kilkenny going on the road train around Kilkenny, having a bit of lunch and did some shopping.

Aside from the July trips Members enjoy doing some work on life skills, this includes cookery classes and money management.

Members enjoyed doing a gardening programme and have successfully grown some tomatoes, potatoes, scallions and strawberries in the garden in the Main BEAM centre.

Avondale tree top walk



Avondale tree top walk



Avondale tree top walk



Viking splash Dublin



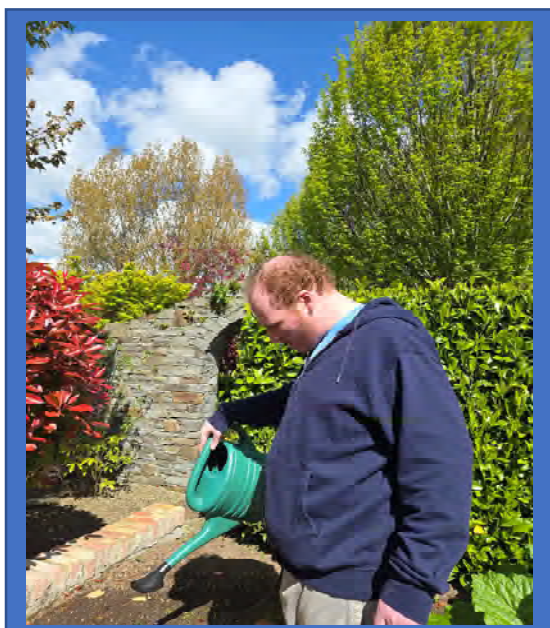
Viking splash Dubli



Gardening in BE



Gardening in BEAM



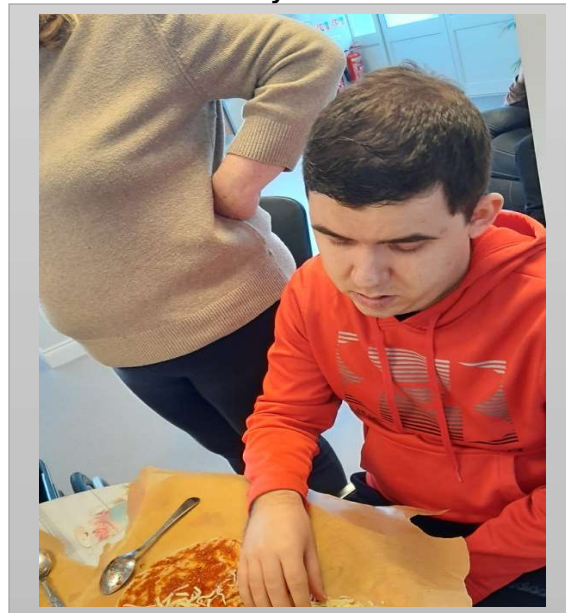
Gardening in BEAM



Cookery skills



Cookery skills



Green Pod Positive Paths

Birthdays

Natalia celebrated her 20th birthday In April.



Brian had a big birthday celebration he turned 21 in May.



Important events/achievements in the programme

Within the Green Pod so far this year we have gone out on many coffee days either to Esquires or along the river to Barrow Blend.

We have also gone on many days out to Kildare Farm Foods, Nore Vally Mobile Pet Farm they came to Beam for a visit and everyone really enjoyed it. The members in Seomra Comhra have gone out on trips to Dublin Zoo and the aquarium in Bray. The pod has also taken part in many activities such as sound therapy, sensory art class, music therapy in Bunclody, and also have engaged in a garden project which is still ongoing. All members within the Green pod really appear to enjoy the classes, activities and trips while being out in the community.









Ohana Programme



A visit to Photo Wildlife



Developing our Recycling skills



A day trip to Emerald Park



A day trip to Emerald Park



Working on our Gardening Skills



Feeding the deers in Rathwood.



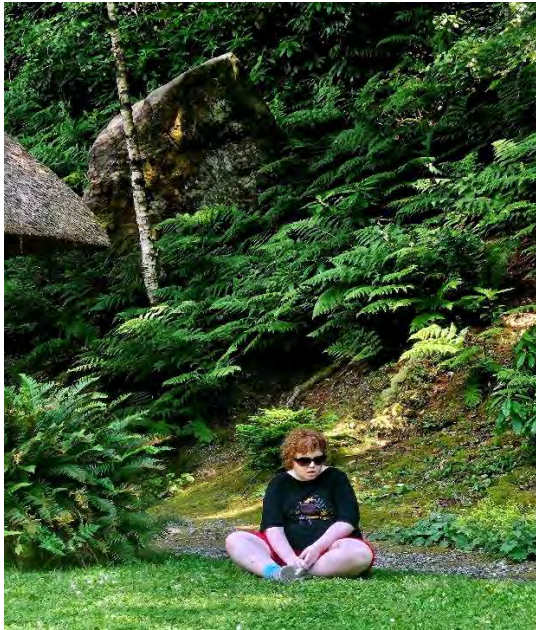
A Day out with My Peers on a Barge Trip.



Saying hello to the Ostrich in Kildare farm foods.



Cooking Class with WWETB



A Visit to Kilfane Glen & Waterfall



Day out at the Japanese Garden & National stud.





Booging down at the Beam Disco in Kildavin.



Engaging in Sports Camp with my Peers.



Engaging in music session with my peers.



Enjoying a nice day in the garden.



First day of my weekly Cooking Classes with WWETB.



Look at my progress 😊.



Cooking up a storm.



The concentration is unreal.



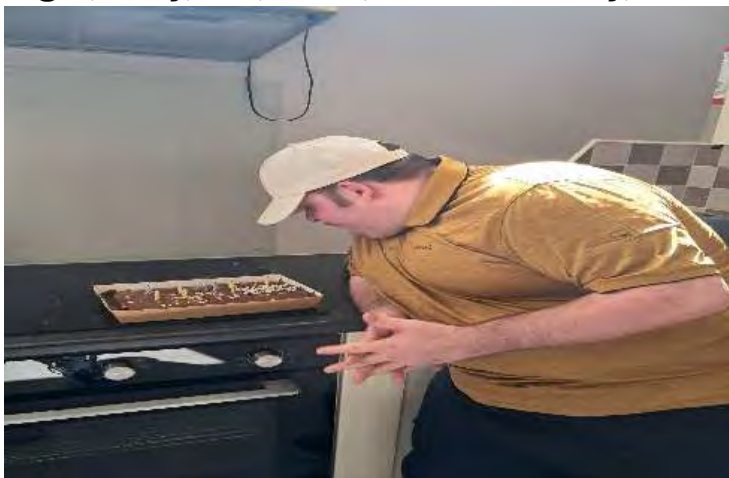
Living my best life.



Yum Yum !!!!!

Turas News

David, Brigid, Lucy, Ian, Emer, Edel and Barry, Elaine, Brandon



Important events/achievements in the programme

Edel started a 6 week programme in Penny for work experience.
David started a new job in Cushen's Funeral home.
Lauren started work placement in the family resource centre and in the Charity shop in Bagenalstown!
Aoife was in the special Olympics for Botcha and got gold and silver.
We are all so proud of her!!
Members completed table tennis competition with Sports Partnership and got medals.

Aoife was Botcha Special Olympics and received Gold and Silver!



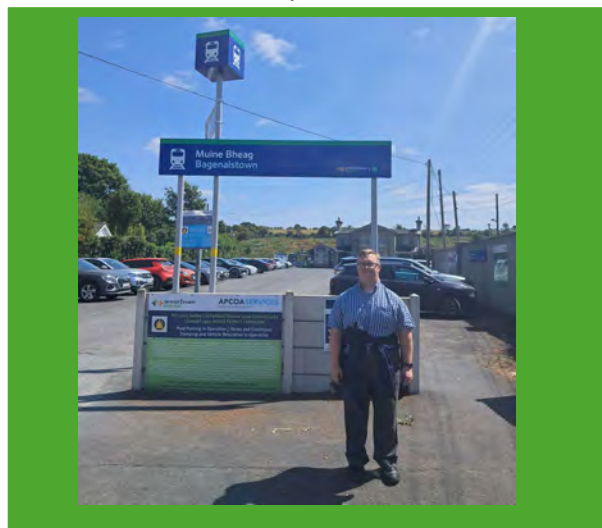
Edel started her job in Penny's Carlow through Downs Syndrome Ireland.



Edel, Brandon, Ian, Barry, Elaine and Aoibhe enjoyed there trip to Arboretum and had a lovely walk.



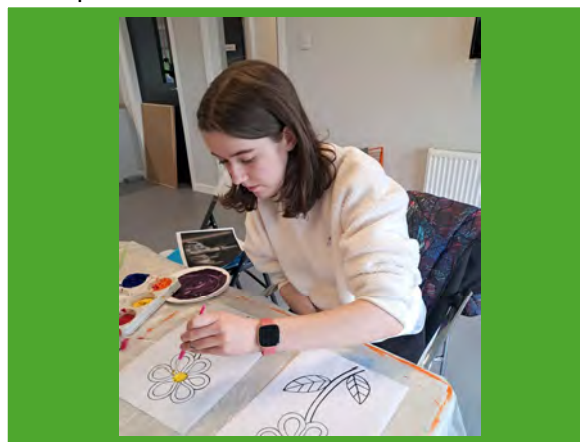
David enjoyed his first trip out on his travel training programme! David learned how to get his ticket from the machine and enter the train independent.



Lucy, Barry, Ian went for a bog walk.



Aoibhe enjoyed Animation class and found it very therapeutic



Tuars members enjoyed a day in Kilkenny K Bowl.



Tennis with Sports Partnership!



LITTLE UNI's POD

As another wonderful season comes to an end, we're delighted to share some of the special moments that have made the past few months so memorable at Little Uni. From milestone birthdays and exciting community events to new friendships and shared achievements, our members have embraced every opportunity with enthusiasm, kindness and confidence. Every day at Little Uni is about more than activities—it's about building relationships, encouraging independence, celebrating individuality and creating a place where everyone feels valued. Together, we continue to create opportunities, celebrate achievements and build a community where everyone belongs.

We look forward to making many more wonderful memories together.

Happy 21st Birthday, Brendan!



A very special milestone was celebrated this spring as **Brendan Delaney** turned **21**. Brendan enjoyed a wonderful birthday celebration surrounded by his family, friends and fellow Little Uni members at **The Courtyard, Ferns, Co. Wexford**. The evening was filled with laughter, music, delicious food and plenty of dancing. It was lovely to see everyone come together to celebrate such an important occasion. Congratulations, Brendan—we hope your 21st birthday is one you'll always remember. Brendan celebrating with family and friends.

Jane and Rebecca enjoying
the celebrations with
Brendan.



Happy 21st Birthday, Josh!

Celebrating your 21st is a very special milestone, and everyone at Little Uni was delighted to celebrate with you.

We hope your day was filled with happiness, laughter and wonderful memories shared with your family and friends.

Josh brings warmth, positivity and a great sense of fun to Little Uni, and it is a pleasure to have him as part of our community.

From all of your friends and the team at Little Uni, we wish you a fantastic year ahead filled with good health, new adventures and many reasons to smile.

Happy 21st Birthday, Josh!



🎉🎉 **Other Birthday Celebrations**

We would also like to wish a very happy birthday to everyone who celebrated recently!

- Aoibheann Ní Thairnaigh – 8 June 2026
- Dylan Hamilton – 16 June 2026
- Eoin Doyle – 24 July 2026

Happy Birthday to you all!

We hope you had a wonderful day celebrating with your family and friends. 🍰🎈

Over the past six months, participants have taken part in a wide variety of activities that promote independence, social inclusion, health and wellbeing, and lifelong learning.

🧑 **Community Inclusion**

Our community inclusion programme has provided participants with opportunities to become active members of their local community while developing confidence and independence.

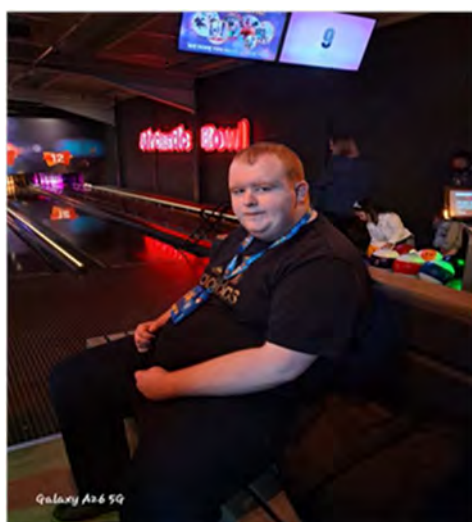
Activities included:

- ☕ Café trips to enjoy coffee, lunch and social conversations with peers.
- 🛒 Shopping trips to supermarkets and local businesses to practise budgeting, making purchases and choosing ingredients for cooking sessions.
- 📖 Visits to local library in Bunclogh to borrow books, use computers and participate in weekly sensory classes.
- 🌳 Walks in local parks, forests and nature trails to promote physical health and enjoy the outdoors.
- 🍦 Ice cream outings during the summer months.
- 🏖️ Visits to beaches, lakes and scenic areas for relaxation and recreation.

- 🎳 Bowling, and other leisure activities and enjoyment.
- 🇮🇪 Supporting local cafés, shops and businesses while building positive relationships within the community.

🔍 Cooking & Independent Living Skills in the ETB in Bunclody

- Members developed practical life skills through hands-on activities including:
 - Shopping for ingredients within a budget.
 - Baking cakes, bread, scones and seasonal treats.
 - Learning food hygiene and kitchen safety.
 - Washing dishes and cleaning kitchen areas.
 - Sampling our cooking with everyone
 - Trying new recipes
 - Preparing ingredients independently with staff support where required.



Oisín enjoying his holiday to the Talbot Hotel and a game of Bowling.

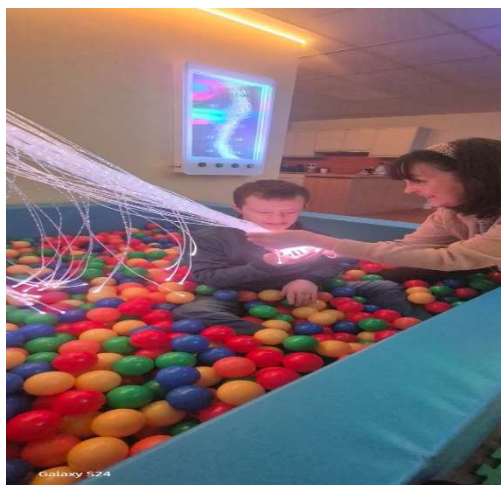
Congratulations to Dylan on starting his new job in Anvil lodge riding stables in Ballindaggin, Enniscorthy Wexford.



Oisin after completing Speak up
Speak out course



Josh after completing Speak up Speak out course



Eoin enjoying the Ball Pit with
Antoittee



Members of little Uni's at Horse riding
at Anvil lodge riding stables in Ballindaggin,
Enniscorthy Wexford.



Oisin and Brendan out for a walk in
local area





Kian in Courtown enjoying his time on the Train



Art Therapy class with Josh, Dylan Brendan and Oisin



Aoibheann and Mark showing off their medals



Andrew and Dylan learning about Healthy Foods



Eoin enjoying the new jacuzzi in Bunclody



Members of little Unis partaking in 6 weeks cooking in ETB in Bunclody



Aoibheann enjoying her coffee in Tullow



Andrew and Eoin enjoying the first Social Club of 2026



Andrew and Oisin



Eoin enjoying the swing in the local park

Bunclody AFC Sports Day

⚽ Fun, Friendship & Inclusion at Bunclody AFC

Our members recently enjoyed two wonderful days at Bunclody AFC as part of their *Fun in the Sun* event, and it was a fantastic celebration of friendship, teamwork and inclusion.

Over the two days, members from Little Uni, BEAM Services and Reach Ability came together to enjoy a variety of fun activities in a welcoming and supportive environment. The clubhouse and grounds were filled with laughter, smiles and encouragement as everyone joined in and enjoyed the experience.

There was something for everyone to take part in, including football matches, penalty shootouts, the dunk tank, dartboard challenges and a fantastic Sports Day filled with races, Pass the Ball, Connect Four, Snakes & Ladders, Feed the Monkey, bottle knockdown and many more exciting games.

The days were filled with fun, friendly competition and lots of moments to celebrate. It was wonderful to see our members trying new activities, cheering each other on and enjoying time together with friends.

A huge thank you to DJ Mark Brennan for providing fantastic music and creating such a fun atmosphere throughout the day. We were also delighted to welcome Big Noisy 99's, who brought delicious ice creams for everyone to enjoy in the sunshine.

We would also like to thank EUROSPAR Ireland for kindly providing the barbecue buns and garnishes, helping to make the day even more special.

A very special thank you goes to everyone at Bunclody AFC for their incredible welcome and hospitality. We would like to give particular thanks to Elaine, the girls from the U18 team, and all the volunteers who gave their time, energy and encouragement to make these days such a success.

Most importantly, thank you to all our members who took part with such enthusiasm and positivity. Seeing everyone laughing, making new friends, trying new activities and creating memories together was truly wonderful.

Events like these show the importance of community, friendship and inclusion. They provide opportunities for everyone to feel welcomed, valued and part of something special.

We are already looking forward to the next opportunity to come together and make more amazing memories.

Thank you to everyone who helped make these two days unforgettable! 💙



Concentrating level at it best, trying to win over and under-the-ball games against the other team



DJ Mark and DJ Aoibheann making sure Pink Pony club has been played



Little Uni's staff all ready for the sports day



Eoin Doyle and Kian Keegan watching madness from the dunk tank to football matched



Josh and Bridget in the egg and spoon race



John enjoying the sports day



Running race in full flight



Egg and spoon at the ready



Little Uni's pod Eoin and Josh. Fiona, Rebecca and Bridget enjoying day two of the sports day



Sean and Jamesy enjoying their ice-creams



Running Races in full swing



Brendan having a break at sports day

Chestnut Court

Celebrating Irene's Retirement. 23 years in Service is no joke!!! Congratulations!!!



Birthdays



Mags, Catriona, Richard, Ryan, and Caroline all turned a year older



Richard and Ryan from Chestnut Court won gold medals in the table tennis Tournament.



Members Trip to Lisbon



The Pink Street at Lisbon.



Trip to Cobh

Community Garden event





Members at the Tallaght Arts Gallery



Enjoying the sunshine.

Easter Egg hunt @Chestnut Court



Happy Easter!



Sport Camp in Carlow



Women's Day at the Dolmen Hotel



Members showing off sewing skills



Enjoying a meal out with the Chestnut Court Gang!

The Speak Up, Speak Out training in Beam

Jamie Murphy from Positive Paths Blue Pod co-presented the Speak Up, Speak Out training with Antoinnette Foley and Geraldine Kelly to her peers in the Blue Pod and peers from the Gren pod. Jamie did an amazing job and was gifted flowers and a card to thank her for her hard work and huge achievement. Talking to Jamie before presenting, she said 'I feel a bit nervous' but after presenting she said, 'I am feeling very proud of myself'.

Well done, Jamie, we are all very proud of you too.



Ivy Pod

Birthdays celebratinos

Luigi, Ella, Craig, John



Luigi and John celebrated their birthday at BEAM with all their friends, yummy cake and lots of treats and singing and dancing.

Important events/achievements in the programme

- Kevin Howell and Luigi Oparacha started work experience in Mr Price
- Andrew Howell started work experience in Dentons Car Mecanics
- John Cunningham started work experience in the Carnew Coffee Shop
 - Ella Bates started work experience in the Playschool in Bunclody
- Conor Foley joined us in the Ivy Pod and went on his first extended evening, disco and social club trips.
- Craig Waters went for an interview and was selected for the health and wellbeing level 6 course in Setu College. Starting on the 9th of September.
- Ella Bates, Kevin Howell, Andrew Howell and Jack O'Neil went on an overnight trip to Kilkenny
 - The funding application was accepted for the Coffee dock.



CPR Training on in the Ivy Pod



Conor loves his cinema trips



Craig and Luke at the Sports Day



Snack break at Emerald Park





Ivy Pod went to Emerald Park for the day in May



Jack at Emerald Park in the Lemur Enclosure



Friendly competitive matches between pods within Beam



Ivy Pod likes to go Bowling once a week



Lukes design for the movie creation class

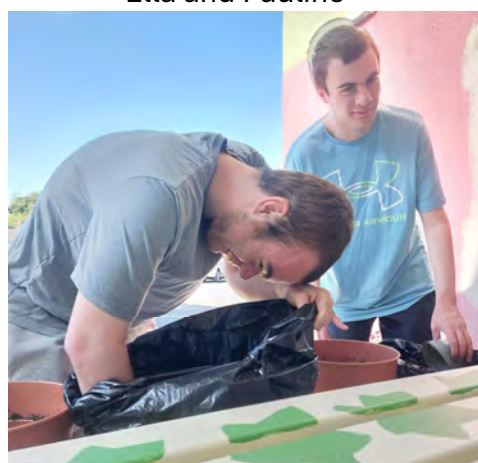
Courtown with the lads



Ella and Pauline



John at the music class from ETB



Kevin and Andrew working in BEAM
Bunclody's garden



Ivy Pod at the WorkAbility ceremony for
completing all the modules.



Feeding time at Social Farming